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Formulation and Evaluation of Fast Dissolving Tablet of Glimepiride

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ABSTRACT

Glimepiride is a first third generation sulphonyl urea agent for the treatment type II diabetes mellitus. The main objective of present work was to formulate and evaluate fast dissolving tablet of glimepiride by using different concentration of super disintegrating agents. Glimepiride is given once daily in doses from 1-8 mg. The fast dissolving tablets of glimepiride was prepared from F1-F4 by direct compression method. The drug and excipients were evaluated for angle of repose, bulk density, tapped density, Carr's index and hausner's ratio for the determination of flow property of powder. The formulated tablets were evaluated for thickness, hardness, friability, wetting time, water absorption and dispersion time. The obtained results were clearly indicating that the formulated tablets results are within the range and when compared with all formulations, F4 was the best formulation among the four formulations.

Keywords: Glimepiride, Fast Dissolving Tablet, Direct Compression Method and super disintegrating agents

1. INTRODUCTION

Diabetes mellitus is a condition in which a person has a high blood sugar level, either because the body doesn't produce enough insulin, or because body cells don't properly respond to the insulin that is produced. Insulin is a hormone produced in the pancreas which enables body cells to absorb glucose, to turn into energy. If the body cells do not absorb the glucose, the glucose accumulates in the blood, leading to vascular, nerve, and other complications. Diabetes mellitus is mainly classified as four types. They are, Type -I, Type -II, Gestational diabetes, and other types of diabetes.

Glimepiride is the first III generation sulphonyl urea it is a very potent sulphonyl urea with long duration of action. It is practically insoluble in water, Soluble in dimethyl formamide, slightly soluble in methanol, sparingly soluble in methylene chloride. It also dissolves in dilute alkali and in dilute acids. Half life is Approximately 5 hours following single dose. Completely (100%) absorbed after oral administration. Over 99.5% bound to plasma protein¹⁻⁶. Glimepiride is used with diet to lower blood glucose by increasing the secretion of insulin from pancreas and increasing the sensitivity of peripheral tissues to insulin⁷⁻⁸. The mechanism of action of Glimepiride in lowering blood glucose appears to be dependent on stimulation the release of insulin from functioning pancreatic beta cells, and increasing sensitivity of peripheral tissues to insulin⁹⁻¹².

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2. MATERIALS AND METHODS

2.1 Drug and chemicals used

Glimepiride was received as a gift sample from Ipca Laboratories Ltd, Ratlam and other excipients such as talc, sodium starch glycolate, lactose were obtained from the Modern Laboratories, Indore.

2.2 Method used

The Glimepiride tablets were formulated by Direct Compression Method (Table No 1).

2.3 Evaluation of Glimepiride Tablet by Pre compression

2.3.1 Bulk density (BD)

It is the ratio of total mass of powder to the bulk volume of powder. It was measured by pouring the weighed powder in to a measuring cylinder and the volume was noted. It is expressed in gm/ml is given by

$$BD = M/V_o$$

Where, M = The mass of powder, V_o = The bulk volume of powder

2.3.2 Tapped bulk density (TBD)

It is the ratio of total mass of powder of the tapped volume of powder. A quantity of 2 g of powder from formula, previously lightly shaken to break any agglomerates formed, was introduced into a 10 mL measuring cylinder. After the initial volume was observed, the cylinder was allowed to fall under its own weight onto a hard surface from the height of 2.5 cm at 2-second intervals. The tapping was continued until no further change in volume was noted. TBD were calculated using the following formulas,

$$TBD = M/V_t$$

Where, M = The mass of powder, V_t = The tapped volume of powder

2.3.3 Angle of repose (θ)

The frictional force in a loose powder can be measure by angle of repose (θ). This is the maximum angle responsible between the surface of a pile of powder and the horizontal plane is used to determine the flow property of granules.

The angle of repose of granules was determined by the funnel method. The accurately weighed granules were taken in a

funnel. The height of the funnel was adjusted in such a way that the tip of the funnel just touched the apex of the heap of the granules. The granules were allowed to flow through the funnel freely onto the surface. The diameter of the powder cone was measured and angle of repose was calculated using the following equation:

$$\tan \theta = h/r$$

$$\theta = \tan^{-1} (h/r)$$

Where, h = the height of the pile of powder, r = the radius of the pile of powder

2.4 Powder Flow Properties

2.4.1 Carr's index (I)

The compressibility index of the granules was determined by Carr's compressibility index

$$\text{Carr's index (\%)} = [(TBD - BD) * 100] / TBD$$

Where, TBD = Tapped density of the powder, BD = Bulk density of the powder

2.4.2 Hausner's Ratio

This value was calculated by making use of BD and TBD.

$$\text{Hausner's Ratio} = TBD / BD$$

Where, TBD = Tapped density of the powder, BD = Bulk density of the powder

Lower Hausner's ratio (<1.25) indicates better flow properties than higher ones (>1.25).

2.5 Post compression parameters

2.5.1 Thickness

The dimensions of tablets are thickness and diameter. Thickness and diameter of a tablet were measured by venire caliper.

2.5.2 Hardness

Tablets require a certain amount of strength to withstand the mechanical shocks of handling in manufacture, packaging, and shipping. The strength of the tablet was determined by Monsanto hardness tester. The lower plunger was placed in contact with the tablet, and a zero reading was taken. The upper plunger is then forced against a spring by turning a threaded bolt until the tablet fractures. The force of fracture was recorded, and the zero force reading was deduced from it. It is expressed in Kg/cm².

2.5.3 Friability

Friability of the tablet was determined using Roche friabilator. Friability test was performed to assess the effect of friction and shock which may often cause tablets to chip, cap or break. Weighed tablets sample was placed in the chamber and the Roche friabilator was operated for 100 revolutions (at 25 rpm) and the tablets were then dusted and reweighed again. The tablets that losses less than 0.5-1.0 % of their weights are generally considered.

$$\% F = \{1 - (W_t/W)\} \times 100$$

Where, % F = friability in percentage

W = Initial weight of tablet, W_t = weight of tablets after revolution

2.5.4 Wetting Time

Twice folded tissue paper was placed in a Petri dish having an internal diameter of 5 cm, containing 6 ml of water. A tablet was carefully placed on the surface of the tissue paper in the Petri dish. The time required for water to reach the upper surface of the tablet and to completely wet it was noted as the wetting time.

2.5.5 Water Absorption Ratio

Water absorption ratio (R) was determined according to the following equation:

$$R = 100 \times (W_a - W_b) / W_b$$

Where, W_b and W_a were tablet weights before and after water absorption, respectively.

2.5.6 Dispersion time

In vitro dispersion time was measured by dropping a tablet in a beaker containing 50 ml of distilled water. One tablet from each formulation was randomly selected and *in vitro* dispersion time was performed.

3. RESULTS AND DISCUSSION

Result of all evaluation parameters of Glimepiride Fast Dissolving Tablet is summarised in Table No 2.

4. CONCLUSION

Fast dissolving tablets of Glimepiride was successfully prepared. Fast dissolving tablets were prepared by direct compression method. The method was employed to formulate tablets because of its cost effectiveness and due to less number of manufacturing steps. The formulation F-4 containing glimepiride

(4 mg), Croscarmellose (5 mg), sodium starch glycolate (6 mg), Microcrystalline cellulose (30mg), magnesium stearate (5 mg), talc (3 mg), lactose (60 mg) was selected as best formulation because it takes less dispersion time (2 min) Hence, Formulation F4 is the best formulation among the four formulations.

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Table No.1: Composition of glimepiride fast dissolving tablet

Ingredients	F1 (mg)	F2 (mg)	F3 (mg)	F4 (mg)
Drug	4	4	4	4
Croscarmellose	2	5	2	5
Sodium starch glycolate	3	3	6	6
Lactose	60	60	60	60
MCC	30	30	30	30
Magnesium stearate	5	5	5	5
Talc	3	3	3	3

Total weight of tablet=100mg

Table No. 2: Evaluation Parameter of Glimepiride Fast Dissolving Tablet

S.NO	Physical parameter	F1	F2	F3	F4
1.	Bulk density	0.575	0.547	0.588	0.499
2.	Tapped density	0.862	0.875	0.981	0.898
3.	Hausner's ratio (%)	1.27	1.17	1.15	1.16
4.	Carr's index (%)	18	16	13	61
5.	Angle of repose	38	37	32	33
6.	Thickness (mm)	0.2	0.2	0.3	0.3
7.	Hardness (kg/cm ²)	1.2	1.2	1.3	1.3
8.	Friability (%)	0.98	0.96	0.95	0.93
9.	Wetting time (min)	20	18	15	10
10.	Water Absorption Ratio	77.22	84.46	85.85	91.83
11.	Dispersion Time(Min)	4	3.5	3	2

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